

## Casco Bay YMCA Toughen Up Challenge 2019 - 2/24/2019

## Results - Meet

**Event 1 Women 30-34 400 Yard IM**

1	McGrail, Crystie	34	GBM-NE	5:32.79
	33.78	40.07	42.50	43.49
	47.91	47.73	37.96	39.35

**Event 1 Men 30-34 400 Yard IM**

1	Hepp, Christopher	30	MESCI-NE	4:51.84
	30.27	34.82	39.25	38.41
	41.22	43.07	32.44	32.36

**Event 1 Men 55-59 400 Yard IM**

1	Ackley, Robert	58	UNAT	6:38.30
	42.88	48.04	50.31	47.65
	1:00.97	58.87	46.21	43.37

**Event 1 Men 65-69 400 Yard IM**

1	Jurka, Valdis	68	NEM!-NE	6:31.95
	37.47	43.84	57.28	53.92
	57.62	57.28	43.31	41.23

**Event 2 Women 30-34 50 Yard Backstroke**

1	Courbron, Yanghee	30	MESC	33.50
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**Event 2 Women 35-39 50 Yard Backstroke**

1	Beers, Jessica	38	MESCI-NE	29.60
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**Event 2 Women 45-49 50 Yard Backstroke**

2	Ratliff, Tandy	49	MESCI-NE	48.19
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**Event 2 Women 50-54 50 Yard Backstroke**

1	Brewer, Ellen	50	MESCI-NE	38.75
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**Event 2 Women 60-64 50 Yard Backstroke**

1	Armstrong, Liz	61	MESCI-NE	46.68
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**Event 2 Men 18-24 50 Yard Backstroke**

1	Huey, Orion	23	UNAT	25.96
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**Event 2 Men 25-29 50 Yard Backstroke**

1	Pane, Ryan	25	MESCI-NE	35.48
2	McCorkle, William	25	MESCI-NE	46.79

**Event 2 Men 40-44 50 Yard Backstroke**

1	Whitford, Maththew	43	GBM-NE	27.57
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**Event 2 Men 65-69 50 Yard Backstroke**

1	Phelan, Jeremy	69	MESCI-NE	35.45
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**Event 2 Men 75-79 50 Yard Backstroke**

1	Rupert, Bill	75	MESCI-NE	42.23
2	Huchings, Dick	77	NEM!-NE	44.01

**Event 3 Women 30-34 100 Yard Breaststroke**

1	Cook, Emily	32	GBM-NE	1:24.41
	40.05	44.36		

**Event 3 Women 45-49 100 Yard Breaststroke**

1	Walker, Jen	48	MESCI-NE	1:25.76
	41.06	44.70		

**Event 3 Men 70-74 100 Yard Breaststroke**

1	Newkirk, Thomas	70	GBM-NE	1:32.84
	44.55	48.29		
---	Northup, Allen	70	MESC	DQ
	42.70	46.91		

**Event 4 Women 18-24 200 Yard Freestyle**

1	Francesce, Maggie	23	UNAT	2:40.92
	37.32	39.89	42.08	41.63

**Event 4 Women 65-69 200 Yard Freestyle**

1	Newton, Jim	69	MESCI-NE	2:42.45
	39.22	40.57	41.36	41.30

**Event 4 Men 30-34 200 Yard Freestyle**

1	Hepp, Christopher	30	MESCI-NE	2:07.08
	28.80	31.53	33.65	33.10

**Event 4 Men 50-54 200 Yard Freestyle**

1	Gardella, Randy	52	UNAT	2:18.79
	30.81	35.62	37.06	35.30

**Event 4 Men 55-59 200 Yard Freestyle**

1	Ackley, Robert	58	UNAT	2:50.31
	39.59	44.24	44.78	41.70

**Event 4 Men 65-69 200 Yard Freestyle**

1	Jurka, Valdis	68	NEM!-NE	2:48.14
	39.00			41.19

**Event 5 Women 30-34 50 Yard Butterfly**

1	Courbron, Yanghee	30	MESC	33.42
2	Eichenbaum, Lauren	34	GBM-NE	33.68

**Event 5 Women 35-39 50 Yard Butterfly**

1	Beers, Jessica	38	MESCI-NE	28.52
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**Event 5 Women 40-44 50 Yard Butterfly**

1	Merriam, Julie	41	MESCI-NE	37.84
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**Event 5 Women 50-54 50 Yard Butterfly**

1	Brewer, Ellen	50	MESCI-NE	36.53
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**Event 5 Men 18-24 50 Yard Butterfly**

1	Huey, Orion	23	UNAT	25.32
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**Event 5 Men 25-29 50 Yard Butterfly**

1	Pane, Ryan	25	MESCI-NE	33.18
2	McCorkle, William	25	MESCI-NE	34.86

**Event 5 Men 30-34 50 Yard Butterfly**

1	Schuster, Kevin	31	GBM-NE	25.46
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**Event 5 Men 40-44 50 Yard Butterfly**

1	Whitford, Maththew	43	GBM-NE	26.50
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**Event 5 Men 45-49 50 Yard Butterfly**

1	Lecrone, Timothy	46	MESCI-NE	26.29
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**Event 5 Men 65-69 50 Yard Butterfly**

1	Phelan, Jeremy	69	MESCI-NE	33.80
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**Event 5 Men 75-79 50 Yard Butterfly**

1	Huchings, Dick	77	NEM!-NE	49.30
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**Event 6 Men 70-74 100 Yard Backstroke**

1	Northup, Allen	70	MESC	1:26.42
	43.08	43.34		

**Event 6 Men 75-79 100 Yard Backstroke**

1	Vail, David	75	MESCI-NE	1:17.54
	38.86	38.68		

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**(Event 6 Men 75-79 100 Yard Backstroke)**

2	Rupert, Bill	75	MESC!-NE	1:35.47
	45.16	50.31		

**Event 7 Women 30-34 200 Yard Breaststroke**

1	Cook, Emily	32	GBM-NE	3:04.53
	41.31	45.84	48.28	49.10

**Event 7 Men 30-34 200 Yard Breaststroke**

1	Hepp, Christopher	30	MESC!-NE	2:39.56
	36.35	41.66	42.03	39.52

**Event 7 Men 55-59 200 Yard Breaststroke**

1	Ackley, Robert	58	UNAT	3:36.76
	49.74	54.80	56.16	56.06

**Event 7 Men 65-69 200 Yard Breaststroke**

1	Jurka, Valdis	68	NEM!-NE	3:47.60
	50.52	57.34	1:01.18	58.56

**Event 8 Women 18-24 50 Yard Freestyle**

1	Francese, Maggie	23	UNAT	31.88
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**Event 8 Women 30-34 50 Yard Freestyle**

1	Eichenbaum, Lauren	34	GBM-NE	30.97
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**Event 8 Women 35-39 50 Yard Freestyle**

2	Beers, Jessica	38	MESC!-NE	25.88
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**Event 8 Women 45-49 50 Yard Freestyle**

1	Ratliff, Tandy	49	MESC!-NE	42.52
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**Event 8 Women 60-64 50 Yard Freestyle**

1	Armstrong, Liz	61	MESC!-NE	38.90
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**Event 8 Women 65-69 50 Yard Freestyle**

1	Newton, Jim	69	MESC!-NE	32.97
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**Event 8 Men 18-24 50 Yard Freestyle**

1	Huey, Orion	23	UNAT	22.50
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**Event 8 Men 25-29 50 Yard Freestyle**

1	Pane, Ryan	25	MESC!-NE	29.84
2	McCorkle, William	25	MESC!-NE	30.98

**Event 8 Men 30-34 50 Yard Freestyle**

1	Schuster, Kevin	31	GBM-NE	24.34
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**Event 8 Men 40-44 50 Yard Freestyle**

1	Whitford, Maththew	43	GBM-NE	24.15
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**Event 8 Men 50-54 50 Yard Freestyle**

1	Gardella, Randy	52	UNAT	26.61
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**Event 8 Men 65-69 50 Yard Freestyle**

1	Phelan, Jeremy	69	MESC!-NE	32.21
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**Event 8 Men 70-74 50 Yard Freestyle**

1	Newkirk, Thomas	70	GBM-NE	30.52
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**Event 8 Men 75-79 50 Yard Freestyle**

1	Huchings, Dick	77	NEM!-NE	34.26
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**Event 9 Women 30-34 200 Yard IM**

1	McGrail, Crystie	34	GBM-NE	2:40.67
	36.64	39.28	45.81	38.94

**Event 11 Women 18-24 50 Yard Breaststroke**

1	Francese, Maggie	23	UNAT	47.20
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**Event 11 Women 30-34 50 Yard Breaststroke**

1	Cook, Emily	32	GBM-NE	38.34
2	Courbron, Yanghee	30	MESC	38.54

**Event 11 Women 35-39 50 Yard Breaststroke**

1	Beers, Jessica	38	MESC!-NE	35.39
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**Event 11 Women 40-44 50 Yard Breaststroke**

1	Merriam, Julie	41	MESC!-NE	44.54
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**Event 11 Women 45-49 50 Yard Breaststroke**

1	Walker, Jen	48	MESC!-NE	39.11
2	Ratliff, Tandy	49	MESC!-NE	53.34

**Event 11 Men 18-24 50 Yard Breaststroke**

1	Huey, Orion	23	UNAT	30.55
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**Event 11 Men 25-29 50 Yard Breaststroke**

1	Pane, Ryan	25	MESC!-NE	39.97
2	McCorkle, William	25	MESC!-NE	46.15

**Event 11 Men 40-44 50 Yard Breaststroke**

1	Whitford, Maththew	43	GBM-NE	31.17
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**Event 11 Men 45-49 50 Yard Breaststroke**

1	Lecrone, Timothy	46	MESC!-NE	34.88
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**Event 11 Men 65-69 50 Yard Breaststroke**

1	Phelan, Jeremy	69	MESC!-NE	39.31
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**Event 11 Men 70-74 50 Yard Breaststroke**

1	Northup, Allen	70	MESC	39.63
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**Event 11 Men 75-79 50 Yard Breaststroke**

1	Huchings, Dick	77	NEM!-NE	56.51
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**Event 12 Men 30-34 200 Yard Backstroke**

1	Hepp, Christopher	30	MESC!-NE	2:34.81
	35.31	38.28	38.32	42.90

**Event 12 Men 55-59 200 Yard Backstroke**

1	Ackley, Robert	58	UNAT	3:02.18
	44.68	46.41	46.05	45.04

**Event 12 Men 65-69 200 Yard Backstroke**

1	Jurka, Valdis	68	NEM!-NE	3:27.65
	49.89	53.78	52.87	51.11

**Event 12 Men 70-74 200 Yard Backstroke**

1	Northup, Allen	70	MESC	3:12.21
	45.74	47.59	50.33	48.55

**Event 12 Men 75-79 200 Yard Backstroke**

1	Rupert, Bill	75	MESC!-NE	3:35.49
	49.81	54.18	57.52	53.98

**Event 13 Women 18-24 100 Yard Freestyle**

2	Francese, Maggie	23	UNAT	1:11.75
	33.59	38.16		

**Event 13 Women 30-34 100 Yard Freestyle**

1	Eichenbaum, Lauren	34	GBM-NE	1:10.04
	32.91	37.13		

## Casco Bay YMCA Toughen Up Challenge 2019 - 2/24/2019

## Results - Meet

**Event 13 Women 65-69 100 Yard Freestyle**

1	Newton, Jim	69	MESCI-NE	1:13.11
	35.39	37.72		

**Event 13 Men 30-34 100 Yard Freestyle**

1	Schuster, Kevin	31	GBM-NE	55.42
	25.97	29.45		

**Event 13 Men 50-54 100 Yard Freestyle**

1	Gardella, Randy	52	UNAT	57.78
	28.12	29.66		

**Event 13 Men 70-74 100 Yard Freestyle**

1	Newkirk, Thomas	70	GBM-NE	1:07.90
	32.68	35.22		

**Event 14 Women 30-34 100 Yard IM**

1	Eichenbaum, Lauren	34	GBM-NE	1:20.66
	37.44	43.22		

**Event 14 Women 35-39 100 Yard IM**

1	Beers, Jessica	38	MESCI-NE	1:06.13
	31.35	34.78		

**Event 14 Women 40-44 100 Yard IM**

1	Merriam, Julie	41	MESCI-NE	1:24.79
	40.69	44.10		

**Event 14 Women 45-49 100 Yard IM**

1	Walker, Jen	48	MESCI-NE	1:20.46
	39.66	40.80		
2	Ratliff, Tandy	49	MESCI-NE	1:57.27
	55.61	1:01.66		

**Event 14 Women 50-54 100 Yard IM**

1	Brewer, Ellen	50	MESCI-NE	1:23.00
	36.63	46.37		

**Event 14 Men 18-24 100 Yard IM**

1	Huey, Orion	23	UNAT	56.68
	26.31	30.37		

**Event 14 Men 25-29 100 Yard IM**

1	Pane, Ryan	25	MESCI-NE	1:15.03
	34.94	40.09		
2	McCorkle, William	25	MESCI-NE	1:28.84
	42.38	46.46		

**Event 14 Men 30-34 100 Yard IM**

1	Schuster, Kevin	31	GBM-NE	1:11.01
	29.93	41.08		

**Event 14 Men 40-44 100 Yard IM**

1	Whitford, Maththew	43	GBM-NE	1:01.39
	27.74	33.65		

**Event 14 Men 65-69 100 Yard IM**

2	Phelan, Jeremy	69	MESCI-NE	1:17.55
	35.98	41.57		

**Event 14 Men 75-79 100 Yard IM**

1	Vail, David	75	MESCI-NE	1:19.77
	37.67	42.10		

2	Huchings, Dick	77	NEM!-NE	1:40.27
	48.16	52.11		

**Event 15 Women 30-34 200 Yard Butterfly**

1	McGrail, Crystie	34	GBM-NE	2:54.02
	35.92	42.66	46.76	48.68

**Event 15 Men 30-34 200 Yard Butterfly**

1	Hepp, Christopher	30	MESCI-NE	2:18.66
	32.72	36.03	35.33	34.58

**Event 15 Men 55-59 200 Yard Butterfly**

1	Ackley, Robert	58	UNAT	3:22.52
	45.34	50.94	52.95	53.29

**Event 15 Men 65-69 200 Yard Butterfly**

1	Jurka, Valdis	68	NEM!-NE	3:08.44
	39.92	48.68	53.12	46.72