

Pentathlon Meet
Saturday, April 14, 2018



Location:

Sir Max Aitken Pool
LB Gymnasium
University of New Brunswick
Fredericton, NB

Sanction:

Swimming New Brunswick sanction # 23253.

Eligibility:

Participating athletes must be registered with their national competitive swimming body.

Facility:

25-meter 6-lane pool with separate warm-up/cool-down facilities. Manual timing (3 timers per lane).

Contacts:

Meet Manager: Juanita Prebble dprebble@nbnet.nb.ca 506-454-5285
Computer Operator: Margaret Forster mastersswim@unb.ca

Awards:

Pentathlon winners (lowest cumulative time for the 5 events) receive special awards.

Entries:

- Swimmers may register for up to five (5) individual events and up to four (4) relays.
- Special Olympics and Para swimmers of any age are welcome. They should be identified to computer operator on their individual entry forms.
- Pentathlon events are as follows:

Ironman	400 IM + 100 fly + 100 back + 100 breast + 100 free
Copperman	200 IM + 50 fly + 50 back + 50 breast + 50 free
Tinman	100 IM + 25 fly + 25 back + 25 breast + 25 free
- Individual entry deadline is Monday, April 9, 2018. Email Hy-Tek file or entry form to Computer Operator mastersswim@unb.ca
- **Relay swimmers** must be entered in at least one individual event, in addition to their relay. All relays will be deck entered. Relay forms will be provided at the check-in desk.

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Check-in on Saturday, April 14, 2018:

Check-in Booth opens in LB Gym Lobby at 11:15 AM, closes at 12:30 PM
Scratch deadline 12:30 PM (submit scratches at check-in desk)
Warm up 1:05 to 1:50 PM
Start time 2:00 PM

Entry Fee:

- \$30/swimmer includes 5 individual events, relays and post-meet social.
- Entry fees are to be paid on race day at the registration check-in booth. Pay in cash or by cheque payable to "UNB Masters Swimming".

Post-meet Social:

Social begins 30 minutes after last swimmer leaves the water. Directions to the social (Alumni Memorial Building) will be posted at the meet.

Rules:

[Current Masters Swimming Canada rules](https://www.mastersswimmingcanada.ca/WP/en/competitive-swimming/rules-ofcompetition/) will apply:
<https://www.mastersswimmingcanada.ca/WP/en/competitive-swimming/rules-ofcompetition/>

At the discretion of the Meet Manager, the "rush system" (AKA fly-over starts) may be used for this meet.

ORDER OF EVENTS

Women	Event	Men
1	200 medley relay	2
3	** 50 breast	4
5	** 25 breast	6
7	100 back	8
9	200 fly	10

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11	100	IM	12
13	400	free	14
15/16	200	medley relay (mixed)	
17	100	free	18
19	200	breast	20
21	**	50 fly	22
23		25 fly	24
25/26	*	800 free	
<i><< 10-minute break >></i>			
27/28	200	free relay (mixed)	
29	200	IM	30
31	100	fly	32
33	200	back	34
35	**	50 free	36
37	**	25 free	38
39	100	breast	40
41	200	free	42
43	**	50 back	44
45	**	25 back	46
47	400	IM	48
49	200	free relay	50

* The single heat of 800m free is mixed – women and men will be seeded and swim together, but scored separately. Maximum 12 swimmers: first-come/first-served entry.

** You may enter either 50m or 25m of this stroke, but not both.

SWIMMER INFORMATION (please PRINT):

SURNAME: _____ First name: _____

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MAILING ADDRESS:

_____ Postal code: _____

Email: _____ Phone: _____

DATE OF BIRTH _____ SEX: Female () M ()
yyyy / mm / dd

AFFILIATION Please supply the following info:

I am a member of a registered Masters swimming club.

My club's name is _____

I am registered with the following national competitive swimming body:

_____. My registration # is: _____

This is must-have information, otherwise you cannot be entered. See "Eligibility".

INDIVIDUAL EVENTS

Enter event #, description, and a seed time (or "NT" for a no-time)

Event #	Description	Entry Time

Payment is due on race day at the registration check-in booth: \$30.00 per swimmer, in cash or by cheque payable to "UNB Masters Swimming". *Individual entries must be received by Monday, April 9, 2018. Email your completed form as an attached file or enter all info into the body of your email message. Send to Computer Operator mastersswim@unb.ca*